

Nettleham Medical Practice

And Cherry Willingham Branch Surgery March/April 2017

Dental Problems

The GPs have seen several patients recently who have dental problems but have been unable to make an appointment with a dentist. GPs are no longer covered on their medical indemnity to treat patients with dental problems.

If you think that you have a dental problem, please see a dentist.

There is little that a GP can do apart from recommend painkillers such as Ibuprofen or Paracetamol which can be bought in a chemist.

Further help can be sought from:

- website - www.nhs.uk
- Phone 111 to request details of dental services in your area
- text the word "dentist" to 64746 or NHS GO from your mobile phone from the area you need a dentist

Travel Vaccinations

It is that time of year again when people start to book holidays abroad. If you are travelling abroad and think that you may require vaccinations, please call in at the practice to collect a travel questionnaire or download one from our website.

Complete the form fully (one for each person travelling not one per family) and return to the practice and book an appointment with a nurse. Before you attend your appointment, a nurse will check the latest travel guidance as well as your records to ascertain which vaccines if any are required.

Please do not leave it to the last minute as the earlier the vaccines are given the better!

More information about travel vaccinations can be found on the NHS Choices website at <http://www.nhs.uk/Conditions/Travel-immunisation/Pages/Introduction.aspx>.

General advice about travelling abroad can be found too on the NHS Choices website at <http://www.nhs.uk/LiveWell/TravelHealth/Pages/Travelhealthhome.aspx> which includes links on how to obtain a European Health Insurance Card (EHIC).

Monthly Early Closures for Training 2017

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In order to enable our doctors and staff to be kept up to date Nettleham surgery will be closed for training at 1pm on the following afternoons.

Emergency help is still available by calling 111

Tuesday 21st March 2017

Tuesday 25th April 2017

Tuesday 16th May 2017

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Voluntary Driving Scheme (VDS) Drivers wanted

Our PPG are currently looking for new VDS Drivers to join the highly successful and popular VDS scheme. If you have a clean driving licence, use of a car and would be willing to give up some of your free time, please contact the practice and we will forward your details on to our PPG Chair/VDS Co-ordinator.

Contact Details - Nettleham 01522 751717
Website - www.nettlehammedical.co.uk

When the surgery is closed ring freephone 111
Practice Manager - Helen Lunn