

# Nettleham Medical Practice

And Cherry Willingham Branch Surgery May & June 2016

## New GP

The practice is delighted to announce that Dr James Cowling will be joining the practice from August 2016. He brings with him several years of experience of working as a GP principle in Leicestershire. He and his wife Rebecca, who is also a GP, have moved to Lincolnshire to be nearer to their parents. Dr Cowling's areas of specialist interest are ENT, Occupational medicine and digital healthcare. He is a GP trainer and supports junior doctors pursuing a specialist career in General Practice. Dr Cowling is a clinical fellow at Imperial College London where he is researching the role that digital technology may have in the future of healthcare delivery.

## CQC Inspection

The practice was inspected by the Care Quality Commission (CQC) on 28<sup>th</sup> April 2016. The CQC will now produce their comprehensive report on the practice which takes several weeks and once this is complete will be available on both the practice and CQC websites.

## Shingles Vaccination

### What is shingles?

Shingles, also known as herpes zoster, is a painful skin rash caused by the reactivation of the chickenpox virus (varicella-zoster virus) in people who have previously had chickenpox.

### Who can have the shingles vaccination?

Between September 2015 and September 2016, the shingles vaccine is offered routinely as part of the NHS vaccination programme for people aged 70, 78 or 79. You become eligible for the vaccine on the first day of September 2015 after you've turned 70, 78 or 79 and remain so until the last day of August 2016.

Please contact the surgery to book an appointment with the practice nurse if you are eligible for the shingles vaccination.

## Monthly Early Closures for Training 2016

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In order to enable our doctors and staff to be kept up to date Nettleham surgery will be closed for training at 1pm on the following afternoons.

Emergency help is still available by calling 111

Tuesday 17<sup>th</sup> May 2016

Tuesday 21<sup>st</sup> June 2016

Tuesday 19<sup>th</sup> July 2016

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Contact Details - Nettleham 01522 751717  
Website - [www.nettlehammedical.co.uk](http://www.nettlehammedical.co.uk)

When the surgery is closed ring freephone 111  
Practice Manager - Helen Lunn