

# Nettleham Medical Practice

And Cherry Willingham Branch Surgery September 2015

## Flu Clinics

Our Flu clinics are due to start at the beginning of October so please book an appointment either online (if you have registered to use the online system) via the practice website or by contacting the practice by telephone after 10:30am any day.

Vaccination is available for patients who fit one of the criteria listed below:

- Pregnant (at any stage of the pregnancy)
- Children aged 2, 3 or 4 years of age (the vaccination is delivered via nasal spray rather than injection)
- A Carer (If you are the main carer for an elderly or disabled person, their well-being could be placed at risk should you fall ill)
- Aged 65 years or over
- Aged 6 months and over **and** suffer from any of the following conditions:
  - Chronic respiratory disease
  - Chronic heart disease
  - Chronic kidney disease
  - Chronic liver disease
  - Chronic neurological disease
  - Diabetes
  - Immunosuppression

Getting a flu vaccination is the most effective way to stop you catching flu and passing it on to others.

## Meningitis ACWY Vaccination

Public Health England has recently launched a new vaccination campaign for the Meningitis ACWY vaccination. The practice is currently inviting teenagers aged 17 and 18 (born between 1 September 1996 and 31 August 1997) for the vaccine. Where possible, it's important that anyone who plans to go to university this year gets vaccinated before they leave.

Please contact the practice to book an appointment for this vaccination if you are in the eligible age group.

## Monthly Early Closures for Training 2015

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In order to enable our doctors and staff to be kept up to date Nettleham surgery will be closed for training at 1pm on the following afternoons.

Emergency help is still available by calling 111

Tuesday 15<sup>th</sup> September 2015

Tuesday 20<sup>th</sup> October 2015

Tuesday 17<sup>th</sup> November 2015

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Contact Details - Nettleham 01522 751717  
Website - [www.nettlehammedical.co.uk](http://www.nettlehammedical.co.uk)

When the surgery is closed ring freephone 111  
Practice Manager - Helen Lunn