

# Nettleham Medical Practice

And Cherry Willingham Branch Surgery Summer 2016

## Travel Vaccinations

It's the time of year when a lot of patients are thinking about their summer holidays. If you are travelling abroad, you are advised to find out if any vaccinations are recommended prior to travel. If they are, we ask patients to complete a travel vaccination questionnaire which can be obtained by popping into the practice or by downloading from the practice website. Once completed, the questionnaire needs returning to the practice and you need to book a convenient appointment with a nurse to administer the vaccines.

Please do not leave it to the last minute as to get the most benefit from the immunisation it is advisable that they are given at least 4 weeks before travel.

More information about travel vaccinations can be found on the NHS Choices website at <http://www.nhs.uk/Conditions/Travel-immunisation/Pages/Introduction.aspx>.

General advice about travelling abroad can be found too on the NHS Choices website at <http://www.nhs.uk/LiveWell/TravelHealth/Pages/Travelhealthhome.aspx> which includes links on how to obtain a European Health Insurance Card (EHIC).

## Repeat Prescriptions

Please remember to order your repeat prescriptions in plenty of time if you are going on holiday to make sure that you have adequate supplies whilst away. If you need to order a prescription early due to going on holiday please advise the dispensary so that they know why you have requested the medication early.

Some countries have different laws and regulations around medications so please check the Government website which provides more information about specific medications particularly controlled drugs, <https://www.gov.uk/travelling-controlled-drugs>.

## Monthly Early Closures for Training 2016

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In order to enable our doctors and staff to be kept up to date Nettleham surgery will be closed for training at 1pm on the following afternoons.

Emergency help is still available by calling 111

Tuesday 19<sup>th</sup> July 2016

Tuesday 20<sup>th</sup> September 2016



Contact Details - Nettleham 01522 751717  
Website - [www.nettlehammedical.co.uk](http://www.nettlehammedical.co.uk)

When the surgery is closed ring freephone 111  
Practice Manager - Helen Lunn