

Nettleham Medical Practice

And Cherry Willingham Branch Surgery September 2014

Flu Clinics

It's that time of year again when the practice once again start to plan the flu clinics. We are pleased to announce that our Flu Vaccination clinics will begin at the end of September and run periodically until the middle of November. Influenza is a virus causing a lung or respiratory infection. While for most people it is only an unpleasant illness that should pass in about a week, it can cause serious complications, particularly in young children and older adults. Getting a flu vaccination is the most effective way to stop you catching flu and passing it on to others.

Vaccination is available for patients who fit one of the criteria listed below:

- Pregnant (at any stage of the pregnancy)
- Children aged 2, 3 or 4 years of age (the vaccination is delivered via nasal spray rather than injection)
- A Carer (If you are the main carer for an elderly or disabled person, their well-being could be placed at risk should you fall ill)
- Aged 65 years or over
- Aged 6 months and over **and** suffer from any of the following conditions:
 - Chronic respiratory disease
 - Chronic heart disease
 - Chronic kidney disease
 - Chronic liver disease
 - Chronic neurological disease
 - Diabetes
 - Immunosuppression

Please contact the Practice to make an appointment from the middle of September.

Monthly Early Closures for Training 2014

In order to enable our doctors and staff to be kept up to date Nettleham surgery will be closed for training at 1pm on the following afternoons. Emergency help is still available by calling 111.

Tuesday 16th September Tuesday 21st October Tuesday 18th November

*Patient Participation Group
&
Voluntary Driver Scheme*

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We are still welcoming patients who wish to join our Virtual Patient Reference Group (VRG). The purpose of this is to have a large group of patients that the practice will contact by email a couple of times each year to ask for their opinion on its services etc.

If you are interested then please complete one of the join up forms at reception or contact Sarah Liron at the practice for more details.

Our third local participation report is now available to read on our website. The report displays the results of the survey which was undertaken by our PPG in the waiting rooms at the practice and also by members of our VRG.

Pam Henderson - PPG
Chairperson

*Contact Details - Nettleham 01522 751717
Website - www.nettlehammedical.co.uk*

*When the surgery is closed ring freephone 111
Practice Manager - Helen Lunn*